WHY CHOOSE OUR GRANOLA?

ORGANIC INGREDIENTS • NON-GMO • GLUTEN-FREE

Heart-Smart Oats

Whole-grain oats naturally contain beta-glucan, and nuts and seeds provide healthy fats.

Fiber for Your Gut

Oats, nuts, and seeds bring soluble fiber to feed good gut bacteria and insoluble fiber to keep things moving.

Minerals from Real Ingredients

Every handful delivers minerals like magnesium and zinc from oats, nuts, and seeds.

Antioxidants in Every Batch

Whole oats carry antioxidants found almost nowhere else, and nuts, seeds, and spices add more.

Steady Energy

Carbs, plant protein, and healthy fats work to keep you going.



Heartful Gardens

CLEAN, REAL GRANOLA

CLEAN: Thoughtfully Sourced

- Made with organic ingredients
- Oats grown without glyphosate
- No artificial preservatives
- Non-GMO

REAL: Ingredients You Know

- Whole-grain oats
- Real fruit, nuts, and seeds
- Sweetened with honey or maple syrup
- Ingredients you can pronounce

WHERE THEY MEET

Heartful Gardens granola is baked by hand in small batches.



Real food you can recognize, sourced the clean way.

Heartful Gardens

Made with Heart in Stone Mountain, GA

hello@heartfulgardens.com

heartfulgardens.com

(770) 846-6721

ORDER ONLINE!